



STUDY GUIDE: May 24, 2026

Message Series: More Than Gold
Message Title: Guard Your Heart
Teaching Pastor: Tanner Iglio

Warm-up / Icebreaker (10 min.)

What's something that has influenced you more than you expected—a person, habit, book, show, or experience?

Pray:

Heavenly Father, thank You for bringing us together today. Thank You for loving us enough to shape and guide our lives. As we spend time together, help us to be honest and open to what You want to teach us. Show us what is influencing our hearts and help us become more like Jesus. In Jesus' name, Amen.

Get Started (30 min.)

- When you think about the people or things that influence you most, what comes to mind?

"In a study we did recently as a church called Practicing the Way, Pastor John Mark Comer said, 'We're all being formed by something whether we know it or not.' I love this statement, not only because I've found it to be completely accurate, but because written between the lines is the realization that WE get to control what influences us. We can know, and therefore DECIDE who and what is going to shape who we are... The darkness... Or the light... That's an especially powerful truth for the follower of Jesus." -Pastor Tanner Iglio

Read Proverbs 4:23.

- Why do you think Scripture places such importance on guarding our hearts?
- What are some influences in today's world that can quietly shape us without us even noticing?

Read John 10:14–16.

- Why do you think Jesus compares His followers to sheep who know His voice?
- What helps you recognize God's voice in your life?

Reflect and Commit (30 min.)

Read Acts 2:44–47.

- Why do you think spiritual growth is difficult in isolation?
- How has community helped strengthen your faith during different seasons of life?

Pastor Tanner challenged us to regularly “calibrate” our lives by asking whether Jesus' influence is actually producing transformation in us.

Read Galatians 5:22–23.

- Which fruit of the Spirit feels strongest in your life right now? Which feels hardest?
- What is one practical step you could take this week to strengthen your connection to Christ, your community, or your spiritual growth?

Read **John 15:5**.

- What do you think Jesus means when He says apart from Him we can do nothing?

Take 30–60 seconds of quiet reflection and ask:

“Jesus, what is shaping my heart right now?”

“If we connect with Christ, establish a community, and consistently calibrate our lives towards His transformation of us, that transformation WILL flow out from us. And we ALL become a Jesus influenced movement. A movement all about hope. Restoration. Healing. A movement that lights up a dark world. A movement that is so obviously transformative and life giving.. We just can’t help but praise God because of His evident greatness.” -Pastor Tanner Iglio

Gather Prayer Requests (5–10 min.)

Share prayer needs and take time to pray for one another.

Closing Prayer:

Father God, thank You for caring about who we are becoming. Help us guard our hearts and allow Your influence to shape our lives more than anything else. Draw us closer to You, surround us with Godly community, and help us grow into people marked by Your love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Show us what needs to change and give us courage to take a step toward You this week. In Jesus’ name, Amen.