



STUDY GUIDE: March 8, 2026

Message Series: What Did I Just Sing?
Message Title: *Nothing Else* (by Cody Carnes)
Teaching Pastor: Cody Carnes

Warm-up/Icebreaker: (10 min.)

Are you more like someone who sits and talks with guests or someone who ends up in the kitchen making sure everything is just right? Any stories that give example of this tendency?

Pray:

Heavenly Father, Thank You for bringing us together. We ask that You quiet the noise and distractions in our lives so we can hear from You. Teach us what it means to sit at the feet of Jesus with humility and openness. Help us choose what matters most—Your presence—over everything else that pulls at our attention. Speak to our hearts through Your Word. In Jesus' name, Amen.

Get Started: (30 min.)

- Listen to *Nothing Else*, by Cody Carnes. When you hear the words “*I just want You, nothing else will do,*” what emotions or thoughts come to mind?

Read Luke 10:38-42.

“Jesus doesn’t tell Martha she’s wrong for feeling the way she feels. He doesn’t condescend and say, ‘How dare you interrupt me and tell me what to do?!’ For the record, he also doesn’t say, ‘You’re right, Martha. Mary’s place is in the kitchen; now get in there and get to work.’

Jesus is kind in his interaction with Martha. He points out that Mary has chosen something better in sitting at his feet. He’s not going to take it away from her by making her get up and help Martha. The difference between Mary and Martha is not that one of them is holier than the other. That one is right and the other wrong; one good, one bad. The difference is that Martha allows herself to get pulled away and that Mary chooses. That’s what Jesus says. ‘Mary has chosen.’ That’s the key. It’s all about choice. Mary actively chooses to sit.” -Pastor Angie Frame

- What kinds of “good things” sometimes pull you away from spending time with Jesus?

Read James 4:6–10 & Matthew 18:3–4.

- Why do you think Jesus connects childlike humility with the kingdom of heaven?
- What makes it difficult for adults to approach God with childlike humility?

“Everyone would have understood what it meant that Mary sat at Jesus’ feet listening to what he said. That was the posture a student took with a teacher. Not unlike what happens in kindergarten today. Mary’s assuming such a position and posture was admitting that she was a little child compared to the master teacher Jesus... Everything about Mary sitting at Jesus’ feet displays a child-like humility.” - Pastor Angie Frame

Reflect and Commit: (40 min.)

Read Matthew 11:28–29.

- What invitation is Jesus giving in this passage?
- What do you think it means to “learn from” Jesus in everyday life?
- How does spending time with Jesus bring rest to our lives?

Read John 10:27.

- What is your most recent example of being able to recognize Jesus’ voice in your life?
- Take at least 60 seconds of quiet together or consider playing the song. Encourage everyone to simply sit quietly and ask Jesus: *“Lord, what is one thing You want me to lay down so I can sit at Your feet?”*

Gather prayer requests. (5-10 min.)

Pray:

Lord Jesus, Thank You for reminding us tonight that being with You matters more than anything else. We confess that we are easily pulled away. Forgive us for the times we get distracted—even by good things—and miss the opportunity to listen to You. Help us choose humility, make space for Your voice in our lives and make Your presence our highest priority. It’s in the name of Jesus that we pray, Amen.