



STUDY GUIDE: February 22, 2026

Message Series: What Did I Just Sing?
Message Title: *I Speak Jesus*, by Charity Gayle
Teaching Pastor: Brian Hughes

Warm-up/Icebreaker: (10 min.)

What's a phrase you say all the time without realizing it?

Pray:

Father, thank You for bringing us together. We don't want to just talk about You — we want to encounter You. Where there is anxiety, bring peace. Where there is brokenness, bring breakthrough. Help us not just understand Your Word, but receive it. In the name of Jesus, Amen.

Get Started: (30 - 40 min.)

- If someone listened to you for a week, what would they say you 'speak' most often — fear, frustration, optimism, sarcasm, faith?

*"We're in a series called **What Did I Just Sing** and it's about taking some of the popular worship music that we and other churches like ours are doing and unpacking the words so that we understand them, not just mindlessly sing them. The realities we're unpacking are incredibly relevant to every person here, whether church is a part of your life or not. Today we're going to peer into the lyrics to the song 'I speak Jesus. Jesus came to help us find the peace that we all seek, but feels elusive. Speaking Jesus over every heart and mind invokes his presence and in the presence of Jesus we always find peace, even when what is surrounding us is not.'" -Pastor Brian Hughes*

Read John 16:33 & Acts 14:22.

- Why do you think Jesus promises peace but not the absence of trouble?
- How does knowing "we must go through many hardships" change our expectations of following Christ?
- What does it practically look like to "speak Jesus" over anxiety?

Read 2 Corinthians 12:9.

- The message said there are two kinds of people: broken people who know it and broken people who don't. Which do you tend to be?
- Where have you seen God's strength show up in your weakness?

"When we speak the name of Jesus over our troubled marriages, we are speaking life. When we speak the name of Jesus over fractured relationships, we're speaking life. When we speak the name of Jesus over sickness and sadness and loss and emptiness, we are speaking life. And this is important - this is not a magic spell or a formula. God does not have to respond the way we want him to or think he should. So, whether God breathes new life here or on the other side of heaven, I have staked it all on this truth: That in Jesus there is life. He once said, "I came so that they may have life and have it to the full." (John 10:10) Jesus is not an option for life, he is the only pathway to the fullest life possible." -Pastor Brian Hughes

Reflect and Commit: (30 min.)

Read Ezekiel 37:3.

- Why do you think Ezekiel answered, “Lord, You alone know”?
- Where do you need to trust God to breathe life again?

“The name of Jesus is what we’re claiming when we pray. We’re not praying to an empty space or to an unnamed, unknown, impersonal deity. We are claiming the presence of the God who sees and knows and cares. The God who showed up and sacrificed and imparted his power so that we could live not impotent lives but potent ones. And the pathway to our potency is to pray, in the power of the name of Jesus.” -Pastor Brian Hughes

Read John 14:6.

- What does it mean that Jesus isn’t just helpful for life — He *is* life?

Silently think of:

- One place you need peace.
- One area of brokenness needing breakthrough.
- One “dry bones” situation needing life.

Then say aloud together:

“I speak Jesus over that.”

Gather prayer requests. (5-10 min.)

Pray:

Jesus, we speak Your name over our hearts, our homes, and our struggles. We speak Your name over anxiety, division, addiction, grief, and doubt. Where there is chaos, bring peace. Where there is weakness, show Your power. Where there is dryness, breathe life. Teach us not only to sing Your name, but to trust it, proclaim it, and live it. You are our hope. You are our healing. You are our life. It’s in the name of Jesus that we pray, Amen.