



STUDY GUIDE: December 28, 2025

Message Series: The Stories are True
 Message Title: The Gift of Peace
 Teaching Pastor: Angie Frame

Warm-up/Icebreaker: (10 min.)

If your life right now were a snow globe, would it feel more like:

- **Shaken** (busy, loud, chaotic), or
- **Settled** (clear, calm, quiet)?

Why do you think that is for this season?

Pray:

Prince of Peace, we thank You for this unique moment in the year—when the noise quiets and the snow begins to settle. Help us to see our lives clearly, to notice where You are present, and to receive the peace You offer us. As we reflect together, open our hearts and minds to Your peace, and show us how to live it out for others. Amen.

Get Started: (30 min.)

Read John 14:27.

- Where are you most tempted to look for peace outside of Jesus?

“If you are waiting for peace to come in your external circumstances, then you need to be prepared to keep waiting for the rest of your life. Oh, it may come at some point, in some season. But it will not last forever; that’s reality in our broken world. But you can have peace even in our broken world with broken bodies, relationships, power, and culture.” -Pastor Angie Frame

- What would it look like to trust Jesus’ peace even when nothing else feels calm?

Reflect and Commit: (40 min.)

Philippians 4:6–7.

- What are the things that most easily stir anxiety in you right now?
- Which part of this passage is hardest for you to live out—prayer, gratitude, or trust?

“No matter what is happening in your world, the peace of God is available to guard your heart and mind. Commit to memorizing Philippians 4:6-7, Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. And then work on living it out. Thank God for all he’s done for you. If you don’t know what to thank him for, then thank him for the gift of your life. Pray and ask him for the desires of your heart—every situation that’s worrying you, everything you’re anxious about. And then, let his peace protect you.” -Pastor Angie Frame

- Have you ever experienced God's peace in a situation that didn't make sense? What was that like?

"Those of us who follow Jesus are supposed to be bringing Jesus to the party and everywhere else that we go. We receive peace, so that we can make it a reality for others around us." -Pastor Angie Frame

Read Matthew 5:9.

- What's the difference between *receiving* peace and *making* peace?
- Who might God be inviting you to bring peace to—in your family, workplace, school, or community?
- How can the peace you've received from Jesus become a gift to others?

Take 60–90 seconds of silence here to process if appropriate.

Gather prayer requests. (5-10 min.)

Pray:

Jesus, Prince of Peace, thank You for offering us a peace that doesn't depend on circumstances. As we move toward a new year, help us carry Your peace into the chaos ahead—guarding our hearts and minds and sharing Your calm with the people around us. Make us peacemakers in a restless world, and children who reflect You wherever we go. Amen.