

**Message Title: Why Do I Struggle**  
Teaching Pastor: Bryan Pope

*This study guide has been designed for Small Groups in mind, and can be used by individuals as well.*

What are some of the things people say to comfort others when they are going through a really hard time?

Who do you often turn to when things aren't going well? Who is the person or people in your life that are the best listeners?

Are there any things that you struggle with that you haven't told anyone?

Watch the video

Bryan shared some examples of times when people have asked, "God why is this happening?" Can you name a time when you asked a question like that?

What specifically helped you during that time?

Or are you going through it now?

Read Matthew 11:4-6. Faith is a strong word and is approached from lots of angles. Bryan shared Jesus' answer to John in this verse. Some of your versions may say blessed are those that don't stumble on account of me. Have you ever stumbled in your faith because you got an answer you didn't expect?

Read Romans 8:31-35

What does this passage say about the love of God?

What does this passage say about how God Provides?

This passage says Jesus intercedes for us. Does that mean he protects us from everything?

What does this passage ask us to do? What is our response?

Read Jeremiah 29:11-13

What does God tell us about his plans?

When we seek him what does he say he will do?

Have you ever made a decision on your own that came with consequences? How might it have been different if you had consulted God?

What things can you do to better understand God's plan and how you can stay on it?

You have all likely shared some hard time that you have gone through, or you are going through. Pray together for healing and direction.

Partner up this week and send texts, make a call, or post a reminder to your partner that you are praying for them. You can also remind them of that Jesus can be their strength, or their steady hand. That he is their foundation and they will not be shaken in him, That he is good and always with them.

**NOTES**